



# Sassy Slow Cooker Easy Menu Plan

“Spending my days out of the kitchen.”

September 2013

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
1 <u>Easy Ham</u> salad Rolls	2 <u>Cheesy Chicken</u> Broccoli	3 <u>Lasagna</u> Green Beans Garlic Bread	4 <u>Chicken Tortilla Soup</u> Guacamole Tortilla chips	5 <u>Honey BBQ chicken</u> <u>Sandwiches</u> Raw Veggies and dip	6 <u>Italian Beef</u> Salad	7 Leftovers <u>Chocolate Pudding Cake</u>
8 <u>Meatball Stew</u> Salad Rolls	9 <u>Creamy Chicken and Pasta</u> Carrots	10 <u>Corned Beef with</u> <u>Sauerkraut</u> Boiled cabbage	11 <u>Baked Potatoes</u> Fixings'	12 <u>Mozzarella Chicken</u> Pasta Green beans	13 <u>Taco Soup</u> Tortilla Chips Salsa	14 Leftovers <u>Homemade Honey Wheat</u> <u>Bread</u>
15 <u>Breakfast Casserole</u> Fruit	16 <u>Salsa Chicken</u> Corn	17 Hamburgers <u>Baked Beans</u>	18 <u>Italian Chicken Lentil Soup</u> Leftover <u>Honey Wheat</u> <u>Bread</u>	19 <u>Whole Chicken</u> Carrots Boiled potatoes	20 <u>Cheeseburger Soup</u> Raw veggies and dip	21 Leftovers <u>Southern Peach Crisp</u>
22 <u>Garlic Pork Roast</u> Apple sauce	23 <u>Teriyaki Chicken</u> Green Peas	24 <u>Beef Tacos</u> Sliced Avocadoes	25 <u>Pinto Beans</u> Corn Bread (freeze leftovers)	26 <u>Honey Lemon Chicken</u> Angel Hair Pasta Zucchini	27 <u>Chili</u> Leftover Cornbread	28 Leftovers <u>Caramel Dip with apples</u>
29 Mouth Watering <u>Pot Roast</u> Mashed potatoes	30 <u>Spaghetti Minus the Pasta</u> Salad	<p>If you would like to save more time, try doubling the recipes and freezing leftovers. You can reheat in your microwave or in your slow cooker on low, but just add water.</p>				