



The Sassy Slow Cooker Easy Menu Plan

“Spending my days out of the kitchen.”

January 2014

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
			[1]	[2]	[3]	[4]
	[]		Black Eyed Peas Happy New Years!	Chicken BBQ Sandwiches]	Hamburger Corn Goulash]	Spiced Apple Crumble]
[5]	[6]	[7]	[8]	[9]	[10]	[11]
Mississippi Roast	[Cheesy Broccoli and Cauliflower Hot Dogs	Cheeseburger Soup	[Baked Potatoes	Country Chicken	[Green Chili Stew Use leftover roast	Chocolate Covered Pretzels Makes great New Years and thank you gifts
12]	13]	14]	15]	16]	17]	18]
[Al Pastor Meal	Chicken Enchilada Bowls	[Spaghetti With a Twist	Sausage and Peppers	[Honey Garlic Chicken	Navy Bean Soup	Mango Sticky Farro Make extra to heat up in microwave for the week
19]	20]	21]	22]	23]	24]	25]
[Beef with Brown Gravy	Buffalo Chicken Macaroni and Cheese	Crock Pot Pizza	Potato Soup	Greek Chicken	[Bacon Cheeseburger Casserole	[Caramel Sticky Buns
26]	27]	28]	29]	30]	31]	If you would like to save more time, try doubling the recipes and freezing leftovers. You can reheat in your microwave or in your slow cooker on low, but just add water.]
Easy Ham Save leftover ham]	Easy Chicken]	Enchilada Casserole]	[Cheesy Ham and Potatoes]	[Turkey Tetrazzini You can use chicken]	Minestrone Soup]	