



The Sassy Slow Cooker Easy Menu Plan

“Spending my days out of the kitchen.”

October 2014

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
<p>"Love begins at home, and it is not how much we do... but how much love we put in that action." - Mother Teresa</p>			1	2	3	4
			Dr. Pepper Chicken Cheese Potatoes	Brunswick Stew Cornbread	Mexican Enchilada Casserole	Leftovers Pizza Supreme
5	6	7	8	9	10	11
Beef Stew Fruit Slices	Stuffed Acorn Squash	Sweet Potato and Apple Soup Rolls	Bourbon Chicken Baked Potatoes	Beef Stroganuff Corn and Peas	Ravioli Green Salad	Leftovers Blueberry Crumble Cake
12	13	14	15	16	17	18
Chicken Parmesan Baked Fries	Green Chili Taco Meat Rice & Black Beans	One Pot Chicken	Beef Broccoli	Italian Chicken Green beans	Ham Lentil Soup Crusty Bread	Leftovers Pumpkin Dump Cake
19	20	21	22	23	24	25
Mock King Ranch Chicken Chips	Red Beans and Rice	Stuffed Peppers Rice	Crockpot Pulled Pork Green Beans	Country Chicken Potato Salad	Pizza Sloppy Joes Coleslaw	Leftovers Potato Casserole Recipe with Ham
26	27	28	29	30	31	
Easy Mexican Meatloaf Mashed Potatoes	Roasted Whole Chicken Spaghetti Squash	Lasagna Garlic Bread	Chicken and Dumplings Mixed Greens Salad	Beef Roast Carrots	Coca Cola Ham Glaze Sweet Potato Yams	