



# The Sassy Slow Cooker Easy Menu Plan

“Spending my days out of the kitchen.”

January 2015

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
If you would like to save more time, try doubling the recipes and freezing leftovers. You can reheat in your microwave or in your slow cooker on low, but just add water.				1	2	3
				<a href="#">Happy New Year Ham with Gluten Free Beer and Chutney Glaze</a>	<a href="#">BBQ Chicken Corn</a>	Leftovers <a href="#">Blueberry Crumble Cake</a>
4	5	6	7	8	9	10
<a href="#">Meatloaf</a> Mashed Potatoes	<a href="#">Mississippi Roast</a> Green Salad	<a href="#">Cheeseburger Soup</a> Rolls	<a href="#">Honey Garlic Chicken</a> Caesar Salad	<a href="#">Hamburger Soup</a> <a href="#">Corn Bread</a>	<a href="#">Tortellini and Meatballs</a>	Leftovers <a href="#">Bone Broth</a>
11	12	13	14	15	16	17
<a href="#">Chickadilla Soup</a> Rolls	<a href="#">Buffalo Chicken Mac &amp; Cheese</a> Biscuits	<a href="#">Beef Broccoli</a> Rice	<a href="#">Corn and Potato Chowder</a> Garden Salad	<a href="#">Chicken &amp; Rice Casserole</a>	<a href="#">Beef Brisket</a> <a href="#">Sweet Potato</a>	Leftovers <a href="#">Hot Chocolate</a>
18	19	20	21	22	23	24
<a href="#">Beef Pot Roast &amp; Veggies</a>	<a href="#">Chicken Tacos</a> <a href="#">Refried Beans</a>	<a href="#">Sweet &amp; Sour Meatballs</a> Rice	<a href="#">Honey Lemon Chicken</a> <a href="#">Green Beans</a>	<a href="#">Spaghetti</a> Garlic Bread	<a href="#">Chicken Enchilada Stack</a>	Leftovers <a href="#">Spiced Apple</a>
25	26	27	28	29	30	31
<a href="#">Green Chile Stew</a> Flour Tortillas	<a href="#">Chicken and Rice</a>	<a href="#">Swedish Stew</a> Green Salad	<a href="#">Chicken and Pasta</a> Garlic Bread	<a href="#">Stuffed Peppers</a> Potato Salad	<a href="#">Buffalo Chicken &amp; Ranch Sliders</a> Coleslaw	Leftovers <a href="#">Chocolate Pudding Cake</a>