



The Sassy Slow Cooker Easy Menu Plan

“Spending my days out of the kitchen.”

February 2015

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
1	2	3	4	5	6	7
Italian Beef Garlic Bread	Spicy Chicken & Black Beans Rice	Beef Barley Lentil Soup Rolls	Bacon Cheeseburger Casserole Green Salad	Pulled Pork Cole Slaw	Chicken Taco Refried Beans	Leftovers Apple Crumble
8	9	10	11	12	13	14
Beef Tacos	Teriyaki Chicken Rice	Spaghetti	Beef & Bean Enchiladas	Chicken Enchiladas Corn	Beef with Gravy Mashed Potato	Leftovers Chocolate Pudding Cake Happy Valentine's Day
15	16	17	18	19	20	21
Chicken Fajitas	Sweet & Sour Meatballs Sub Rolls	Minestrone Soup Rolls	Chicken Parmesan Caesar Salad	Pork Chop Cornbread	Chicken Alfredo	Leftovers Mac n Cheese
22	23	24	25	26	27	28
Maple Glazed Ham Baked Potato	Beef Stew Crusty Bread	Chicken Potato Soup Green Salad	Chicken Chili Tortillas	Tater Tot Casserole Spinach Salad	Chicken Pot Pie	Leftovers Tomato Soup

People who love to eat are always the best people. – Julia Child

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