



The Sassy Slow Cooker Easy Menu Plan

“Spending my days out of the kitchen.”

August 2015

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
<i>Laughter is brightest where food is best. – Irish Proverb</i>						1
						Hot Chicken Sandwiches Potato Chips
2	3	4	5	6	7	8
Creamy Chicken Egg Noodles	Spicy Beef Brisket Tortillas	Meatball Casserole Bread Rolls	Beef Tacos	Chicken Alfredo Lasagna Green Salad	BBQ Chicken Sandwich Coleslaw	Leftovers Lemon Pound Cake
9	10	11	12	13	14	15
Apricot Stuffed Meatloaf Mashed Potatoes	Chicken Posole Corn Chips	Spaghetti Garlic Bread and Salad	French Dip Sandwich Baked Potatoes	Beef Broccoli	Honey Garlic Chicken Bread Rolls	Leftovers Sweet Sticky Rice with Mango
16	17	18	19	20	21	22
Pulled BBQ Beef Cucumber Dill Salad	Oriental Pork Roast Rice	Chicken Wings Scalloped Potatoes	Chili Cornbread	Steak Fajitas	Apricot Chicken Rice	Leftovers Apple Pudding Cake
23	24	25	26	27	28	29
Applesauce Chicken Baked Potatoes	Italian Beef Sandwich Spinach Salad	Parmesan Pork Chops Pasta or Rice	Honey Lemon Chicken w/ Potatoes	Red Beans and Rice	Meatball Subs Cheesy Potatoes	Leftovers Peach Crisp
30	31	If you would like to save more time, try doubling the recipes and freezing leftovers. You can reheat in your microwave or in your slow cooker on low, but just add water.				
Sesame Chicken Rice	Lasagna Garlic Bread					