



The Sassy Slow Cooker Easy Menu Plan

“Spending my days out of the kitchen.”

September 2015

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
If you would like to save more time, try doubling the recipes and freezing leftovers. You can reheat in your microwave or in your slow cooker on low, but just add water.		1	2	3	4	5
		Beef Stew w/ Dumplings	BBQ Chicken Green Salad	Pesto Lasagna Garlic Bread	Chicken Soup Biscuits	Leftovers Rice Pudding
6	7	8	9	10	11	12
Chicken Sandwiches Potato Salad	Cowboy Stew Saltine Crackers & Garden Salad	Lemon Herb Chicken Rice	Squash Casserole Crackers	Ranch Porkchops Green Salad	Rotisserie Chicken Caesar Salad	Leftovers Blueberry Crumble Cake
13	14	15	16	17	18	19
Mac n Cheese Broccoli	Apricot Chicken Rice	Root Beer BBQ Pork Potato Salad	Buffalo Chicken Sandwiches Coleslaw	Beef Pot Roast & Veggies	Salsa Chicken Rice	Leftovers Coconut Cake
20	21	22	23	24	25	26
Ground Meat Goulash Green Beans	Easy Roast Baked Potatoes	Java Brisket Mushroom Soup	Angel Chicken Pasta Asparagus	Beef Bean Enchiladas Cabbage Salad	Chicken Gumbo Bread	Leftovers Toffee Apple Dump Cake
27	28	29	30	<i>"A recipe has no soul. You, as the cook, must bring soul to the recipe." - Thomas Keller</i>		
Brown Rice w/ Sausage and Peppers	Spinach Chicken Pasta	Vegetable Bean Soup Crusty Bread	Apricot Meatloaf Mashed Potatoes			